

Aging in Place with Comfort Keepers® Personal Care Services

Comfort Keepers® can help your loved one remain independent and stay in their own home, while receiving the one to one attention from a trained *Comfort Keeper*®, what we call our caregivers. Here are some package options we are offering to meet their needs.

All Packages Include:

Homemaker Companion Services

- Companionship
- Meal preparation
- Laundry
- Light housekeeping
- Incidental transportation
- Grocery shopping
- Errand services

Personal Care Services

- Bathing, grooming, and hygiene
- Mobility assistance
- Personal Emergency Response System or MedMinder \$45 Value—FREE
- Transferring and positioning
- Toileting and incontinence
- Feeding and special diet
- Dementia care
- Medication reminders

Package Level I Monthly Price \$1170.00

- 3 Days of Service minimum of 3 hours of service per day, per week.
- Time with Home Health Aide 3 hours per day
- Cost Savings \$45 per month or \$540 per year

Assisted Living Costs

Rental \$3000-\$4000 monthly
 Medical Services \$1000-\$1500 Highly variable depending on needs
 Time with aide per day approximately 60 minutes.
 Total Assisted Living Costs \$4000-\$5500

Package Level II Monthly Price \$1740.00

- 5 Days of Service minimum of 3 hours of service per day, per week
- Time with Home Health Aide 3 hours per day
- Cost Savings \$115 per month or \$1380 per year

Assisted Living Costs

Rental \$3000-\$4000 monthly
 Medical Services \$1000-\$1500 Highly variable depending on needs
 Time with aide per day approximately 60 minutes.
 Total Assisted Living Costs \$4000-\$5500

Package Level III Monthly Price \$3360

- 5 Days of Service minimum of 6 hours of service per day, per week, typically morning and night
- Time with Home Health Aide 3 hours per day
- Cost Savings \$225 per month or \$2700 per year

Assisted Living Costs

Rental \$3000-\$4000 monthly
 Medical Services \$1250-\$1750 Highly variable depending on needs
 Time with aide per day approximately 60-90 minutes.
 Total Assisted Living Costs \$4250-\$5750

Package Level IV Monthly Price \$5110.00

- 7 Days of Service minimum of 6 hours of service per day, per week, typically morning and night
- Time with Home Health Aide 6 hours per day
- Cost Savings \$405 per month or \$4860 per year

Assisted Living Costs

Rental \$3000-\$4000 monthly
 Medical Services \$1250-\$1750 Highly variable depending on needs
 Time with aide per day approximately 60-90 minutes.
 Total Assisted Living Costs \$4250-\$5750

Personal Emergency Response System

The Personal Emergency Response System provides around-the clock monitoring so you know help is always at hand.

MedMinder

Uses smart technology which alerts your loved one when it is time to take a medication dose.

Serving the Northern
Twin Cities Metro Area



**Comfort
Keepers®**

a *sodexo* brand

Call us today to schedule a
FREE in-home consultation.

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Aging in Place with Comfort Keepers® Personal Care Services Price Calculator

Use these tables below to compare your cost to stay at home with the cost associated with moving into an assisted living facility.

| | Example Tom's Parents | Your Numbers |
|-------------------------|-----------------------|--------------|
| Rent/Mortgage | \$0.00* | |
| Sewer/Water | \$35.00 | |
| Property Tax | \$150.00 | |
| Electricity | \$40.00 | |
| Heat (Gas) | \$70.00 | |
| Insurance | \$150.00 | |
| Snow Removal | \$35.00 | |
| Lawn Maintenance | \$45.00 | |
| Home Maintenance | \$50.00 | |
| Appliance Protection | \$55.00 | |
| Own Home Expense | \$630.00 | |

*Tom's parents own their home with no mortgages due on property, so rent/mortgage expense is \$0.00.

Advantages of Home Care

- One on one caregiving focused on you or your loved one!
- Keep the pets you love.
- More space for your personal items—it's your house.
- Lower cost.
- Focus activities on what you enjoy doing.
- Your food selection is based on what you like—not what someone else wants to cook.
- Your schedule is based on your needs—not your neighbors.
- Generally speaking your own home is a quieter sleeping environment.
- Care Management available to help you stay healthy at home and out of the hospital.
- Optional senior friendly internet tools available.
- We help coordinate many of the services you use at your home. (Electricians/Plumbers/Handyman/etc.)

| Personal Care Services | Own Home Expense | plus (+) | Level Cost | equals (=) | Cost to Stay In Home | minus (-) | Cost of Facility and Care Plan | equals (=) | Total Savings |
|------------------------|------------------|----------|------------|------------|----------------------|-----------|--------------------------------|------------|---------------|
| Level I | | | | | | | | | |
| Tom's Parents | \$630.00 | + | \$1170.00 | = | \$1800.00 | - | \$4000.00 | = | \$2200.00 |
| Your Numbers | | + | \$1170.00 | = | | - | | = | |
| Level II | | | | | | | | | |
| Tom's Parents | \$630.00 | + | \$1740.00 | = | \$2370.00 | - | \$4000.00 | = | \$1630.00 |
| Your Numbers | | + | \$1740.00 | = | | - | | = | |
| Level III | | | | | | | | | |
| Tom's Parents | \$630.00 | + | \$3360.00 | = | \$3990.00 | - | \$4250.00 | = | \$260.00 |
| Your Numbers | | + | \$3360.00 | = | | - | | = | |
| Level IV | | | | | | | | | |
| Tom's Parents | \$630.00 | + | \$5110.00 | = | \$5740.00 | - | \$5750.00 | = | \$10.00 |
| Your Numbers | | + | \$5110.00 | = | | - | | = | |

Comfort Keepers® provides in-home care that makes a difference in the lives of seniors and other adults. For more than a decade, clients and their families have entrusted their care to us in hundreds of local communities. Whether we're providing companionship or in-home safety solutions, we offer the care and support that improves a senior's quality of life and enables independent living at home.

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