

# Aging in Place with Comfort Keepers® Homemaker/Companion Services

## All Packages Include:

### Homemaker Companion Services

- Companionship
- Meal preparation
- Laundry
- Light housekeeping
- Incidental transportation
- Grocery shopping
- Errand services

- Personal Emergency Response System or MedMinder \$45 Value—FREE



Many times people do not consider the total cost of moving to an assisted living facility and the amount of one to one attention they or their loved one will receive.

Comfort Keepers® can help you or your loved one remain independent and stay in their own home, while receiving the one to one attention from a trained *Comfort Keeper*®, what we call our caregivers. Here are some package options we are offering to meet your needs.

### Package Level I Monthly Price \$936.00

- 3 Days of Service  
minimum of 3 hours of service per day, per week
- Time with Home Health Aide  
3 hours per day
- Cost Savings  
\$45 per month or \$540 per year

#### Assisted Living Costs

Rental	\$3000-\$4000 monthly
Medical Services	\$500
Time with aide per day	approximately 15 minutes.
Total Assisted Living Costs	\$3750-\$5000

### Package Level II Monthly Price \$1500.00

- 5 Days of Service  
minimum of 3 hours of service per day, per week
- Time with Home Health Aide  
3 hours per day
- Cost Savings  
\$115 per month or \$1380 per year

#### Assisted Living Costs

Rental	\$3000-\$4000 monthly
Medical Services	\$750-\$1000
Time with aide per day	approximately 30 minutes.
Total Assisted Living Costs	\$3750-\$5000

### Package Level III Monthly Price \$2880.00

- 5 Days of Service—minimum of 6 hours of service per day, per week, typically morning and night
- Time with Home Health Aide  
6 hours per day
- Cost Savings \$225 per month or \$2700 per year

#### Assisted Living Costs

Rental	\$3000-\$4000 monthly
Medical Services	\$1000-\$1500
Time with aide per day	approximately 60 minutes.
Total Assisted Living Costs	\$4000-\$8000

### Package Level IV Monthly Price \$4380.00

- 7 Days of Service—minimum of 6 hours of service per day, per week, typically morning and night
- Time with Home Health Aide  
6 hours per day
- Cost Savings \$405 per month or \$4860 per year

#### Assisted Living Costs

Rental	\$3000-\$4000 monthly
Medical Services	\$1000-\$1500
Time with aide per day	approximately 60 minutes.
Total Assisted Living Costs	\$4000-\$8000

#### Personal Emergency Response System

The Personal Emergency Response System provides around-the clock monitoring so you know help is always at hand. A simple push of the button alerts the response professional who will dispatch the appropriate help.

#### MedMinder

Uses smart technology which alerts you when it is time to take a medication dose.

Serving the Northern  
Twin Cities Metro Area



# Comfort Keepers®

a *sodexo* brand

Call us today to  
schedule a **FREE**  
in-home consultation.

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# Aging in Place with Comfort Keepers® Homemaker/Companion Care Services

Use these tables below to compare your cost to stay at home with the cost associated with moving into an assisted living facility.

	Example Tom's Parents	Your Numbers
Rent/Mortgage	\$0.00*	
Sewer/Water	\$35.00	
Property Tax	\$150.00	
Electricity	\$40.00	
Heat (Gas)	\$70.00	
Insurance	\$150.00	
Snow Removal	\$35.00	
Lawn Maintenance	\$45.00	
Home Maintenance	\$50.00	
Appliance Protection	\$55.00	
<b>Own Home Expense</b>	<b>\$630.00</b>	

\*Tom's parents own their home with no mortgages due on property, so rent/mortgage expense is \$0.00.

## Advantages of Home Care

- One on one caregiving focused on you or your loved one!
- Keep the pets you love.
- More space for your personal items—it's your house.
- Lower cost.
- Focus activities on what you enjoy doing.
- Your food selection is based on what you like—not what someone else wants to cook.
- Your schedule is based on your needs—not your neighbors.
- Generally speaking your own home is a quieter sleeping environment.
- Care Management available to help you stay healthy at home and out of the hospital.
- Optional senior friendly internet tools available.
- We help coordinate many of the services you use at your home. (Electricians/Plumbers/Handyman/etc.)

Homemaker Services	Own Home Expense	plus (+)	Level Cost	equals (=)	Cost to Stay In Home	minus (-)	Cost of Facility and Care Plan	equals (=)	Total Savings
<b>Level I</b>									
Tom's Parents	\$630.00	+	\$936.00	=	\$1566.00	-	\$3750.00	=	\$2184.00
Your Numbers		+	\$936.00	=		-		=	
<b>Level II</b>									
Tom's Parents	\$630.00	+	\$1500.00	=	\$2130.00	-	\$4000.00	=	\$1870.00
Your Numbers		+	\$1500.00	=		-		=	
<b>Level III</b>									
Tom's Parents	\$630.00	+	\$2880.00	=	\$3510.00	-	\$4250.00	=	\$740.00
Your Numbers		+	\$2880.00	=		-		=	
<b>Level IV</b>									
Tom's Parents	\$630.00	+	\$4380.00	=	\$5010.00	-	\$4500.00	=	(\$510.00)
Your Numbers		+	\$4380.00	=		-		=	

Comfort Keepers® provides in-home care that makes a difference in the lives of seniors and other adults. For more than a decade, clients and their families have entrusted their care to us in hundreds of local communities. Whether we're providing companionship or in-home safety solutions, we offer the care and support that improves a senior's quality of life and enables independent living at home.

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in-home consultation.**



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